

# Family Mass Reflection

*The goal of a Mass Reflection is to help engage your family with what is going on during the Mass through making faith connections to our daily lives. After discussing your family's experience, please answer these questions and turn in a minimum of one per month for your entire family. Please list EVERYONE'S NAME.*

Catholic Church: \_\_\_\_\_

Date of Mass: \_\_\_\_\_

Time of Mass: \_\_\_\_\_

Which season is the church celebrating?  
(circle one)

**Ordinary Time   Advent   Christmas   Lent   Easter**

What "sign of the season" do you notice (decorations, Songs, banners, colors of the priests and deacons vestments, smells)?

**Family Name:** \_\_\_\_\_

**First Names & Grades of Children:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name or draw one part of the Mass that you enjoy participating in. Why do you like that part of Mass? How does it help you feel close to God?

Remember something you heard at Mass (in a song, a reading, a prayer, or the homily) that you liked. Write it here.

Was there anything about this Mass that you did not understand or that was confusing?

Visit <https://www.loyolapress.com/our-catholic-faith/liturgical-year/sunday-connection> to find the Sunday readings with background and discussion questions specifically for this week's readings.

*Parent Signature* \_\_\_\_\_ *Date* \_\_\_\_\_